



WEEK ONE

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
Beefburger in a Bun Or Salmon Pasta Arrabiata	Lamb Curry Or Chicken “A La King”	Roast Breast of Turkey	Beef Lasagne Or Chicken & Vegetable Curry	Breaded Cod Fillet Or Sussex Pastie
<i>Baked Bean Burger</i>	<i>Italian Style Pasta Bake</i>	<i>Cauliflower Cheese</i>	<i>Chickpea & Vegetable Curry</i>	<i>Cheese & Broccoli Bake</i>
Jacket Wedges	Long Grain Rice	Roast Potatoes	Mixed Rice	Chips
<i>Seasonal Vegetables Or Mixed Salad</i>	<i>Seasonal Vegetables Or Mixed Salad</i>	<i>Seasonal Vegetables Or Mixed Salad</i>	<i>Seasonal Vegetables Or Mixed Salad</i>	<i>Seasonal Vegetables Or Mixed Salad</i>
Jacket Potato or Pasta with Choice of Sauce	Jacket Potato or Pasta with Choice of Sauce	Jacket Potato or Pasta with Choice of Sauce	Jacket Potato or Pasta with Choice of Sauce	Jacket Potato or Pasta with Choice of Sauce

<i>Fresh Fruit Salad & Cream</i>	<i>Syrup Sponge & Custard</i>	<i>Apple Crumble & Custard</i>	<i>Bakewell Tart</i>	<i>Carrot Cake & Custard</i>
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