

# WEEK 1

**Refresh**

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage roll	Chicken burger	Cheese and Tomato Pizzini	Hot Dog	Beef / Cheeseburgers
Battered chicken chunks	Cumberland sausages with onion gravy	Roast Chicken Stuffing	Chicken Korma/rice/Naan bread	Battered Cod/Quorn escolope
Vegetable Spring roll/broccoli	Vegan Sausages	Sweet potato bake	Vegan Saag aloo <sup>GF</sup> lentil dahl	Macaroni cheese
Sweet Chilli noodles/Vegan noodles <sup>GF/DF/V</sup>	Mashed potatoes/Stir fried spring greens	Roast pots/Roast veg/cauliflower cheese	Basmati Pilau Rice/Roast baby carrots	Chips/Peas/Spanish omellette
Chocolate sponge /chocolate sauce	Banoffe pie and cream	Jam and coconut sponge/custard	Lemon Meringue pie	Chocolate Mousse

**Salad & Pasta Bar, Paninis, Pizza, Sandwiches/Baguettes, Cookies & Fruit Salad are all available daily with gluten free, dairy free & vegan options to choose from.**

# WEEK 2

**Refresh**

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll	Chicken Bap	Cheese and Tomato Pizzini	Hot Dog	Beef/Cheeseburgers
Beef in Black bean sauce <b>DF</b>	Lasagne Bolognese/Garlic bread/Peas	Roast Chicken, stuffing <b>GF</b>	Chicken Tikka /Rice/naan bread	Breaded cod fish fingers/Chips
Sweet potato and lentil curry	Vegetable fried rice <b>DF</b>	Stuffed baked peppers	Sagaloo	Spanish Tortilla <b>GF/DF</b> Macaroni cheese
Baby carrots and sweet corn	Vegetable Lasagne	Broccoli & Carrots <b>DF</b> Roast Potatoes <b>DF</b>	Roast vegetables	Peas
Treacle sponge/ custard	Strawberry Mousse	Carrot cake	Iced Sponge with Custard	Spotted Dick and custard

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# WEEK 3

**Refresh**

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll	Chicken Bap	Cheese and Tomato Pizzini	Hot Dog	Beef/ cheeseburgers
Pasta bar /carbonara, bolognese, tomato, cheese	Chicken and ham Pie	Hunters chicken <b>GF/DF</b>	Lasagne Bolognese with Garlic Bread	Battered Cod fillet/Chips
Vegan Sausage Casserole	Rataouille pie topped with mash	Gluten free vegetable pasta bake	Vegetable Lasagne <b>GF</b>	Macaroni Cheese Quorn steaks <b>/DF/Vegan</b>
Baby garlic Roast potatoes/ Courgette	Mashed potatoes/Stir fried spring greens	Peas and carrots/ Herby diced potatoes	Broccoli Garlic Bread	Peas <b>GF</b>
Chocolate chip sponge/custard	Flapjack	Cherry cheesecake	Chocolate Brownie with Chocolate Custard	Victoria Sponge

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# WEEK 4

**Refresh**

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll	Chicken Bap	Cheese and Tomato Pizzini	Hot Dog	Beef / Cheeseburgers
BBQ Meat ball <b>DF</b>	Chicken and vegetable flat bread <b>DF</b>	Roast Beef with Yorkshire pudding <b>GF/DF</b>	Thai Red curry <b>GF/</b>	Jumbo fish fingers
Quorn balls in tomato and basil	Sweet potato and corn wrap <b>DF</b>	Vegan Sweet & Sour Bites	Thai red Bean curry	Macaroni Cheese/Vegan bites
Spaghetti/Garlic Bread	Herby diced potatoes	Roast Potatoes, Broccoli & Baby Carrots	Rice Carrots, Peas & Beans	Peas <b>GF</b>
Marble Cake & Custard	Chocolate rice crispy cake	Lemon Sponge	Sticky toffee pudding	Banana mousse

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