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| **PE GCSE Paper 1** | | |
| **Unit 1: Applied anatomy & Physiology** | **Unit 2: Movement Analysis** | **Unit 3: Physical Training** |
| Students develop knowledge and understanding of the key body systems and how they impact on health, fitness and performance in physical activity and sport.  **Keywords for this Unit**  [Paper 1 GCSE PE Keywords.docx](https://ratton.sharepoint.com/:w:/s/RS_Subjects_PE/Ea2AMNXMMLhBkMMrqZUkO5sBrFqmn4raF8fuXWNmEP16Eg?e=8OgMBZ) | Students develop knowledge and understanding of the basic principles of movement and their effect on performance in physical activity and sport.  **Keywords for this Unit**  [Paper 1 GCSE PE Keywords.docx](https://ratton.sharepoint.com/:w:/s/RS_Subjects_PE/Ea2AMNXMMLhBkMMrqZUkO5sBrFqmn4raF8fuXWNmEP16Eg?e=8OgMBZ) | Students develop knowledge and understanding of the principles of training and different training methods in order to plan, carry out, monitor and evaluate personal exercise and training programmes.  **Keywords for this Unit**  [Paper 1 GCSE PE Keywords.docx](https://ratton.sharepoint.com/:w:/s/RS_Subjects_PE/Ea2AMNXMMLhBkMMrqZUkO5sBrFqmn4raF8fuXWNmEP16Eg?e=8OgMBZ) |
| **PE GCSE Paper 2**  **Socio-cultural influences and well-being in physical activity and sport.** | | |
| **Unit 4: Sports Psychology** | **Unit 5: Socio-cultural Influences** | **Unit 6: Health, Fitness and Wellbeing** |
| Students develop knowledge and understanding of the psychological factors that can affect performers in physical activity and sport.  **Keywords for this Unit**  [Paper 2 GCSE PE Keywords.docx](https://ratton.sharepoint.com/:w:/s/RS_Subjects_PE/ESxIP4jbM85GkBFKFeukGUEB8-v5Mw0DdU7M1FwgXOpg4w?e=bQdIDb) | Students develop knowledge and understanding of the socio-cultural factors that impact on physical activity and sport, and the impact of sport on society.  **Keywords for this Unit**  [Paper 2 GCSE PE Keywords.docx](https://ratton.sharepoint.com/:w:/s/RS_Subjects_PE/ESxIP4jbM85GkBFKFeukGUEB8-v5Mw0DdU7M1FwgXOpg4w?e=bQdIDb) | Students should develop knowledge and understanding of the benefits of participating in physical activity and sport to health, fitness and wellbeing.  **Keywords for this Unit**  [Paper 2 GCSE PE Keywords.docx](https://ratton.sharepoint.com/:w:/s/RS_Subjects_PE/ESxIP4jbM85GkBFKFeukGUEB8-v5Mw0DdU7M1FwgXOpg4w?e=bQdIDb) |