

Dear Parents, Carers and Friends of Ratton School,



Welcome to the first edition of the newsletter this term. We've already managed to fit in a wide range of events so far this term, including our Maths Feast competition, a Year 10 trip to see An Inspector Calls and a group of students attending the Southern Schools Book awards last week.

This week sees World Book Day on Thursday, and our Year 9 and Year 10 Careers day on Friday – school continues to be a busy place with lots of opportunities for students to get involved in enriching activities.

This week has also seen hustings in assemblies for our potential Year 10 Student Leaders. The speeches I have seen have been excellent; thoughtful, confident and engaging. The students really are a credit to Ratton School and have demonstrated the virtues of responsibility and creativity in an excellent fashion. Good luck to all involved, and I look forward with working with the successful candidates regarding their ideas to improve student experience at school further.

Senior staff have also been discussing pathways choices with Year 9 over the last few weeks. It has been great to meet with students and discuss their aspirations for the future. It has also been an opportunity to congratulate students on their excellent attitude to learning and excellent progress. I hope Year 9 students have found this useful.

It has also been a significant period for Year 11 receiving their PPE grades. Mr Chaundy and I spoke with the Year group

in assembly last week about staying focused and showing effort, determination and belief over this last crucial period. Teachers are putting in a huge amount effort to support students academically at this time; it is vital that students who are invited to revision and booster sessions attend. Parents and carers please support where you can to encourage attendance.

A message to parents and carers – please can you remind your children that if they do are not attending an after school club or revision session that they need to leave site after school – we have had an increase in students spending time on site recently, and whilst we are happy for students to do so, for safeguarding reasons they need to be working with an adult in an agreed space.

Finally, we will be talking to students in tutoring about the preventative measures and advice shared by Public Health England regarding coronavirus. These include regular handwashing and the slogan 'Catch it, kill it, bin it'. We will continue to share regular advice and updates with parents and carers via Edulink on this issue as and when we receive these from Public Health England.

Mr Peevers, Head of School

IMPORTANT DIARY DATES

Friday 6th March
Y9/10 Careers Fair

Monday 9th March
Early Closure at 1.40pm

Monday 9th—Friday 13th March
Austrian Exchange
Y11 MFL Speaking Mock Exam

Monday 9th—Friday 20th March
KS3 Assessment Weeks

CLOSURE DAYS FOR REST OF 2019-20

Friday 26th June
Inset day—school closed to students

Anna loves to dance and act!



Anna Jeffery entered Eastbourne Festival at half term and placed in many dances and drama pieces winning 2 golds, 4 silver and 1 bronze medal, plus more for her groups.

She also performed in 'Best of the Festival' concert at the Hippodrome and danced at the 'Janette and Aljaz Dance Spectacular' at the Hippodrome to support St Wilfrid's Hospice.

Anna has also just been cast as a senior dancer with a professional cast in Aladdin at Easter!



Thank You

To everyone involved in fundraising at the Ratton School, for donating an amazing **£250** for Rethink Mental Illness
You've helped us to carry on our vital work with people severely affected by mental illness.



J Woolgar

Jemima Woolgar
Senior Events and Community
Fundraising Manager



Many congratulations to our students who have earned the highest number of achievement points from 7th February — 27th February

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Sophie Brook	Flora Bamforth	Rachel Kersten-Freeman	Minh Pham	Helen Hearn
Aaliyah Lynch	Isabel Rodrigues De Oliveira	Aimee McIntyre	Rebecca Chisnell	Aimee Beaumont
Annamaria Cosci	Lola Bryson	Mahima Shomi	Liv Cowen	Leonie Hurtado
Jasmine Harris	Mia Acosta	Megan Parry	Ella Harris	Kira Smithson
Jessica Baker	Xin Yi Chen	Angela Chin	Lara Vaney	Victoria Gates
Leah Barber	Jack Thoms	Ashleigh Wilson	Lily Vater	Luca Beltrame
Ieuan Opie	Ruben Langley	Jessica Osborne	Megan Archer	Ryan Penfold
Daniel Whitmore	Joseph Ridley	Alfie Taylor	Mercedes Valero	Gabriel Private
Sonny Lawless	Logan Richards	Jake Gell	Luke Woolven	Joel Rand
Jem Wilson	Alexander Weston	Daniel Marley	Alfie Moreton	Kieron Deadman
Luke Bennett	Jackson Bowles	Joe Constable	Dexter Emanuel	Rhys Parrott
		William Mulvenney	Bartlomiej Gdula	Sydney Thornton
			Bennur Aslan	
			Charlie Priest	
			Matty Elliott	
			Michal Gdula	





The highly motivated Ratton Robot Recruits team of 6 took part in this year's Tomorrow Engineers EEP Robot Challenge regional final held at Hove Park School on Thursday 27th March. With only a few weeks of tinkering behind them they ventured into the challenges with great determination.

Robots had been made using EV3 Lego Mindstorms kit including a deft collection of accessories, ready to complete the missions. The first challenge of the day was a speed test to race and return along a distance. The Robot Recruits performed well, fine tuning between trials for ultimate precision.

Next was the mat challenge. This year's theme was to create solutions to tackle environmental problems. Robots had been built and programmed to collect various key pieces on a mat based challenge. This included collecting Lego engineers, batteries, tyres and replanting trees. The robots were programmed to complete tasks autonomously.

The design team who had been in charge of building the robots then presented their ideas to a panel of representatives from Rolls Royce and STEM specialists (science, technology, engineering and mathematics). Explanations of gear ratios and choice of hardware were presented to the judges.



The final presentation was on how to build a Carbon Neutral House. The presentation had been thoroughly researched and prototypes had been created. Ideas for the future of constructions were discussed with how to use new engineering techniques to minimise pollution.

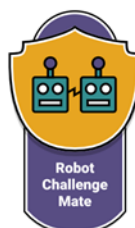
The following article was written by one of the team to sum up the experience of the day.

"We had the lucky chance of competing in the Lego Tomorrow Engineers Robotic Challenge. The day began with an introduction in engineering and how in 20-30 years we might be making something new in the world. Then we took part in the first

challenge, the speed challenge but the design changed a little bit because we needed to make it aerodynamic to race and we added a few cogs to make it go faster. We ended the challenge with 30.969 seconds. We coded the bot to pick up the battery and take it back the robot zone. Thirdly we did the teamwork challenge where we built a Lego makeshift bridge over 10 Lego jet engines. We named one of our robots MEGABOT the other was called SCORPIO-BOT."

Quotes from the team - "It was a good experience!", "It was fun and challenging", "The challenges were intriguing because there

Badges



Robot
Challenge
Mate



Speed
and
Control
Robot



Robot
Design
Planning

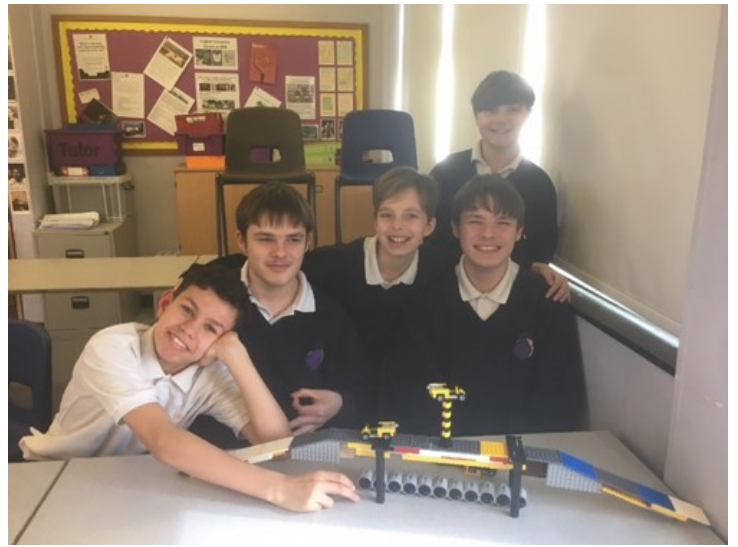


Project
Presentation
Planning

**Badges earned by the team for
successful completion of missions**

were multiple things to do and I made new friends”.

The day was hugely enjoyed by the team. The day started with some trepidation but through resilience and teamwork the challenges were completed with skill and efficiency. The challenges of the day built problem solving, creativity, teamwork and communication skills. The day gave an opportunity to highlight what the team had achieved and to put their best foot forward in future efforts. Knowledge and skills are now ready for the next challenge! As Steve Jobs wisely said: “Let’s go invent tomorrow instead of worrying about what happened yesterday.”

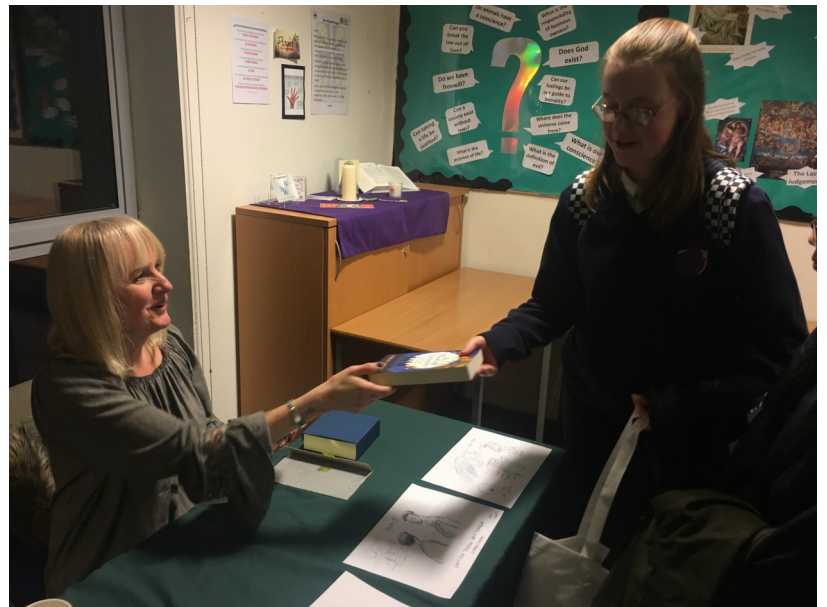


Southern Schools Book Award trip

On the 28th of February, Angela Chin, Lily Chumbley, and Miss Stark went to attend the Southern Schools Book Awards at St Paul’s Catholic College. They attended after reading a selection of 5 books by talented authors that had been shortlisted for the Southern Schools Book Awards.

While we were waiting for the talks to begin the famous illustrator Chris Riddell was doing some drawings about the authors. Then the host Will Hill, who won SSBA last year for his book *After the Fire*, gave a quick talk and introduced the first author. All

the



authors then gave a talk about their book and read some of it.

Throughout this Chris Riddell was drawing things they were talking about and scenes from the book.

The authors were M.A.Bennet (*The Island*), Sarah Crossan (*Moonrise*), Siobhan Curham (*Don’t Stop thinking about Tomorrow*), Malcolm Duffy (*Me Mam. Me Dad. ME.*) and last, but not least Nicky Singer (*The Survival Game*). After this they announced the runner up (Siobhan Curham) and the winner (M.A.Bennet).

Afterwards, we went off to get our books signed by the authors: M.A. Bennet, Malcolm Duffy and Siobhan Curham. We also got to have a signature and a quick sketch from the illustrator Chris Riddell. Overall, it was a fantastic experience and I look forward to reading the books that will be shortlisted for the award next year.

By Lily Chumbley (9AGe)



WELLBEING MATTERS

Wellbeing refers to the sense of positive regard we have for ourselves and that we feel satisfied with how things in our lives are going. In this part of the newsletter I share research, tips and activities to try and give our wellbeing a boost.

One of the key factors in emotional wellbeing is our sense of self-esteem.

Self-esteem relates to our sense of self-worth, self-respect and value. If a person has a good sense of self-esteem then they are more resilient, less likely to engage in risky behaviour and form healthy relationships with others. If self-esteem is low then a person tends to give up easily, becoming defeatist and may even engage in self-destructive behaviour.

Our self-esteem can take a big knock during adolescence. This is because it is during our early teenage years that we really start comparing ourselves with others and some of our students start to only see their short-comings and not their individual strengths. They will notice that they have acne more than their amazing singing voice. Their lack of the latest branded t-shirt seems more significant than their ability to write poetry. Other people having more Insta followers feels more important than their great attitude to learning.

So how can we raise our self-esteem? It needs a two part approach.

Firstly cultivate and grow your gifts. If you realise that you are a pretty good runner then hone that talent. If you can copy a picture accurately, keep pushing yourself with more complex images. Whatever the seed of your talent is - nurture it and grow it. This will begin to take on more importance and be something to celebrate.

Secondly, on the reverse side is trying something new, something that you might not be skilled at so you can learn from mistakes and failure. I have put myself in this position lately, I realised that learning new activities can happen at any age. So I have taken up tap dancing! I go to a beginners' course (quick shout out to the Eastbourne Dance Space) and I have just completed my first term. Throughout the class I make mistakes and that is OK. By trying something new, making a mistake and realising that nothing terrible happens as a result gives that little boost to my self-esteem. And when I do something right I feel a real sense of joy and accomplishment.

Lifelong learning and seeking out new healthy, activities will build resilience, courage and self-esteem. I think we often push our children to try new hobbies and activities, but could we grown-ups try them too?

Ms G Bryden

never be afraid
TO TRY SOMETHING
NEW REMEMBER
AMATEURS BUILD THE
ARK
- PROFESSIONALS -
BUILT THE TITANIC



East Sussex Parent Carer Forum



*Placing the views of all
parent carers at the heart of
decision making*

We are the new forum for parent carers of children and young people with special educational needs and disabilities (SEND) in East Sussex.

We work together to ensure every parent carer in East Sussex feels that their voice, their views and their experiences matter and contribute towards developing and improving services. We do this by:

Reaching out to parent carers to hear their views

Representing parents' experience and expertise to decision-makers

Making recommendations for service improvement

For parent carers: please join us and get involved in raising awareness of our children's needs, recognition of our role as parent carers and bringing about change.

For service providing organisations: please get in touch to discuss how we can work together to strengthen your support to local families.

**Contact: info@espcf.org.uk
07493 371928**

ESPCF, YAC Eastbourne,
56-58 Seaside, Eastbourne,
BN22 7QL



ESPCF is supported by Amaze, a charity that offers advice and support to parents and carers of children with special needs and disabilities in Sussex. Amaze provides administration, financial and IT support to ESPCF.

ESPCF is part of a network of over 150 Parent Carer Forums from across England who come together in the National Network of Parent Carers Forum (NNPCF). Parent Carer Forums are also supported by Contact. For more information on parent carer forums:

<https://contact.org.uk/get-involved/parent-carer-participation>



There are a number of ways to get involved with East Sussex Parent Carer Forum. How to get involved:

Become a member

Visit our website and fill in our online membership form:

www.espcf.org.uk

To have your views heard, feed back to your local support group, or answer surveys on the forum website directly, or email any views to info@espcf.org.uk

Become a Parent Carer Representative

Trained Parent Carer Representatives sit at meetings with the local authority and service providers to represent the collective parent carer voice and to assist with shaping services in East Sussex. Remuneration is available.

Steering Group

Comprised of parent carers to enable East Sussex Parent Carer Forum to carry out its responsibilities to represent parent voice and work in co production.

The forum will provide regular feedback to its members, positive or otherwise. Become a member today to keep updated.

follow us on social media:

 @EEspcf  @EastSussexParentCarerForum

To find out more or to contact us:

 email: info@espcf.org.uk  www.espcf.org.uk

A Decade of Dance



RATTON SCHOOL'S 10th ANNUAL

Irish Night



An evening of **Irish Music and Dance** not to be missed

Sunday 29 March at 7:00pm
Congress Theatre, Eastbourne

TICKETS: £16. Concessions £10. Children (under 16) £10
BOOK: eastbournetheatres.co.uk



PE DEPARTMENT

LUNCH & AFTER SCHOOL CLUBS



	Monday	Tuesday	Wednesday	Thursday	Friday
Late Lunch (1.40-2.10)	Year 9 Basketball (WBR) Years 9-11 Girls Basketball (JUP)	Year 7 Basketball (WBR) GCSE Table Tennis (invite only) (WBR)	Year 8 Basketball (JBU) Years 7-8 Girls Basketball (KFJ)	Year 11 Basketball (JBU)	Year 10 Basketball (GKI) Gymnastics (KFJ)
After School (3.15-4.30)	Staff Meetings	Years 7-8 Netball / Basketball (KFJ) Years 9-11 Netball / Basketball (JUP) Table Tennis (OFU)	Years 9-11 Basketball (JBU) <u>Trampoline</u> (invite only) (KFJ) Badminton (OFU)	Years 7-8 Basketball (JBU) Table Tennis (WBR) Year 10 Rugby (OFU) Badminton (WBR) BTEC PE Intervention (JUP)	BTEC PE Intervention (KFJ/JBU) GCSE PE Intervention (WBR)



@Ratton_PE

TERM 4



@Ratton_PE

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AGED 9 - 15

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applyforjuniorbakeoff@loveproductions.co.uk

School term and holiday dates 2021/2022

The Local Authority is currently responsible for setting school term and holiday dates for all community and voluntary controlled schools. Foundation, trust, voluntary aided schools and academies are responsible for setting their own term dates.

East Sussex County Council is consulting on a draft proposal for school term dates for the academic year 2021-2022. The Council would like to hear the views of schools, parents/carers, and other interested parties on the proposed dates before they are finalised and published. The consultation opened on 2 March 2020 and will run until 29 March 2020. All comments should be submitted by this date.

The consultation is available on the Council's [Consultation Hub](#) or can be viewed by using the following link <https://consultation.eastsussex.gov.uk/>

Have your say on the future of Eastbourne Station Health Centre



Local people are being asked to have their say on proposals to change NHS walk-in services in Eastbourne. After careful consideration, and the approval of its governing body on 29 January, NHS Eastbourne, Hailsham and Seaford (EHS) Clinical

Commissioning Group (CCG) is consulting on a proposal to close the walk-in service at Eastbourne Station Health Centre. The public consultation runs from 3 February – 30 April and as many views and comments as possible are wanted to ensure any future decision is informed by feedback from the local community.

The proposal follows extensive analysis about how and when local people are using the walk-in centre. This was combined with far-reaching engagement work with local people, stakeholders and partners to gather their feedback on the walk-in services in Eastbourne town centre and the other healthcare services they might use.

Nothing is changing immediately and local people are still able to access walk-in services in the current location, seven days a week, from 8am-8pm. People registered with a GP at Eastbourne Station Health Centre are also still able to access appointments in the usual way.

The CCG proposals centre around recent improvements to local services, including:

- **Improved access GP appointments** – Additional appointments with GPs, practice nurses or another health professionals in the evenings, weekends and on bank holidays. There are now an average of 1,900 appointments a month offered over and above those in 'normal' GP hours in the Eastbourne, Hailsham and Seaford CCG area.

NHS 111 which is available 24 hours a day, 7 days a week, 365 days a year and has fully trained call handlers including health care experts who can review people's symptoms right there and then. Soon the health care experts that take the calls will be able to access healthcare records and book appointments with an appropriate health professional should they be needed.

Urgent Treatment Centres are now available at the Eastbourne District General Hospital and The Conquest Hospital in Hastings. Our Urgent Treatment Centres are open for at least 12 hours a day, every day of the week (including bank holidays). They offer a walk-in service, and from Spring 2020 people can be booked into the Urgent Treatment Centres by NHS 111. The purpose of Urgent Treatment Centres is to diagnose and treat those people attending A&E who have a minor injury or illness, such as sprains and strains, suspected broken limbs, ear and throat infections, and feverish illness in adults and children that really need to be seen on the same day.

You can find out more about the CCG proposals and take part in the consultation online by visiting the CCG website - bit.ly/futureofESHHC. Hard copies of the consultation document are also available from Eastbourne Station Health Centre, or you can call 01273 403687/email EHSCCG.YourSay@nhs.net to request a copy. To take part please read the document in full, and then pull out the four page section in the centre of the document, answer the questions, and post it in the freepost envelope provided.

Deaf British Sign Language (BSL) users can share their views by using the free SignLive app that connects them to a qualified British Sign Language interpreter. More information about the service and when it is available is on the CCG website: <https://www.eastbournehailshamandseafordccg.nhs.uk/contact/>

Opinion Research Services Ltd. (ORS) has been appointed by the CCG to manage the consultation feedback and questionnaire responses and to faithfully report the outcomes. ORS will produce a comprehensive independent report of the findings for the NHS Eastbourne, Hailsham and Seaford CCG governing body to consider before any decisions are made about the future of the Eastbourne Station Health Centre.