

IMPORTANT DIARY DATES

Monday 6th May
Bank Holiday

Wednesday 8th May
Y8 Girls' HPV Vaccinations

Thursday 9th May
Parents' Support Meeting 6.00pm

Tuesday 14th May
RLGC 5.00pm

Wednesday 15th May
Y9 First Generation Graduation

Thursday 16th May
Y10 'Stones in Pockets' Show
Devonshire Park Theatre 7.00pm

*Dates may be subject to change—please
check the website for the most up-to-date
calendar of events*

INSET DAYS NOTIFICATION FOR REST OF ACADEMIC YEAR

**Full day closure on
Friday 28th June**

This very short Term 5 means that we have to take advantage of every day particularly with the run into GCSE exams. I have been really impressed with the mature and calm approach of Y11 at a very intense time of the year. The GCSE exams start in earnest from Monday 13th May and we wish them the best of luck over the next 5/6 weeks.

We were proud to host a fantastic primary school event last week. It involved over 200 children from 18 schools who enjoyed using our facilities and working with our staff and very responsible Year 9 Sports Leaders. The whole event was enjoyed by all and it was great to see our virtue of teamwork in action.

Congratulations to our Year 9 boys football team who won the Sussex Cup (see below).

One of the things that has been happening quietly and steadily are our Year 8 workplace visits. As a school we have a responsibility for giving students an experience of the world of work. Year 8 have visited a wide range of workplace ranging from Drusillas to Waitrose. We hope these early experiences will help them to think about their journey through education and into their future careers.

Despite the chilly bank holiday weekend, it has been reassuring to see the weather improve and with that us moving away from the coughs, colds and flu that can affect attendance at all schools over the winter. Hopefully the warmer weather will see a continued improvement in attendance with all students aiming for a target of 100%.

Please enjoy reading this newsletter.

Huxley Knox-Macaulay, Executive Headteacher

SOUTH EAST SCHOOLS CHAMPIONS!

Huge congratulations to **Joseph Lee, Adam Masawi, Tyreek Nengoma, Sam Trowell, Oliver Goodchild, Luke Woolven, Drew Parks (Captain), Jack Chapman, Dylan Connell, Travis Parks, Lennon O'Donnell, Reuben Hewitt-Bloom, Liam Lydon and George Murphy** who have had a very successful football season representing Ratton and were crowned South East Schools Champions after defeating Willingdon School last Tuesday. Result!



Hockey GBR v USA

A great day was had by Ratton students at the exciting hockey match between GBR and USA on 28th April. With Ratton students running out of the tunnel with the Olympic champions and standing on the pitch with the players as mascots whilst the national anthems played it was a memorable day for all.

The hockey match was fantastic, end to end with many shots on goal. GBR were victorious winning the play off shuttles making it a nail biting end to the game.

Our students then went onto the pitch to play hockey, following in the footsteps of Olympic champions!



Geographers go High and Over!

The Year 10 Geographers enjoyed two days surveying Alfriston and the River Cuckmere for their GCSE fieldwork component. They were aiming to establish whether Alfriston needs a more sustainable traffic management scheme in the morning followed by trying to establish causation between river velocity and river width in the afternoon. Two beautiful spring days made the 3 mile walk much more enjoyable and some extra keen geographers even managed to take in the sights of High and Over above the White Horse on Wednesday!



Hospitality & Catering Students visit East Sussex College

The Year 10 Hospitality & Catering students were recently invited to the local college to participate in an Oriental themed workshop. The students got to make prawn toast, vegetable spring rolls, chicken satay and mille feuille. Part of the day also involved learning about Front of House operations such as professional table laying and making elderflower mocktails. A fantastic experience for all and a huge thanks to the college for hosting.



What we did on our holiday...

Anna Jeffery, Daisy Battam and Ted Brickley spent the first week of the holidays supporting the professional cast of 'Snow White and the 7 Dwarfs' pantomime at the Hippodrome. They received fantastic reviews. Anna and Daisy were two of six "vivacious" senior dancers and performed 8 shows in 4 days. Ted was a brilliant 'Cranky' dwarf in one of the two teams of dwarfs. Well done all of you, looks fabulous!



WELLBEING MATTERS

Wellbeing refers to the sense of positive regard we have for ourselves and that we feel satisfied with how things in our lives are going. In this part of the newsletter I share research, tips and activities to try and give our wellbeing a boost.

Ratton has partnered with Action Your Potential to take a scientific approach to promote the wellbeing of all us.

We are working with Andrew Wright who is leading the way with a neuroscience approach to wellbeing and well managed mental health. If you haven't yet been to one of his workshops I would highly recommend them. Future sessions are at 6.30pm on 9th May, 21st May, 12th June and 25th June.

Research shows that wellbeing is a skill that needs practising and there are 12 rocks that we should try to do each day. Over the next few newsletters I will look into each one in a bit more detail. These are all things I have mentioned before so for now lets just remind ourselves of what they are:

1. Enough sleep
2. Exercise
3. Good nutrition
4. Mindfulness
5. Mind Wandering
6. Emotional Literacy
7. Spending time in nature
8. Connect with family and friends
9. Listen to music
10. Show gratitude and kindness
11. Find purpose

Learn, play or be creative.

I will explore each of these over the next few Wellbeing Matters.



All Well Wishes,
Ms. Bryden



As part of an incentive to improve students' vocabulary, we have introduced a word of the week. There are posters displayed in every tutor room, as well as on the plasma screens, and students are rewarded for using any of the words in their verbal or written responses.

This week the word was **Copious** and next week it is **Cantankerous**

**Many congratulations to our highest achieving students
between 29/3/19 to 25/4/19 (inc Easter hols)**

YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
Lola Harris	Honey Davies	Jasmine Thuku	Petra Freitas De	Khadijah Uddin
Freya Lewis	Olivia Brunt	Poppy Wright	Grace Beeney	Daisy Karasani-Jones
Amelia Einarsdottir	Carly Smithson	Ella Harris	Chloe Duncan	Libby Thomas
Poppy Agg	Christina Lane	Leigha Thomson	Sasha Bayne	Mackenzie McAndrew
Veronika Gurjanova	Ebony Karasani-Jones	Summer Young	Sophie Devile	Wiktorija Swider
Freddie Wallis	Emmie Wood	Marlon Wiegand	Louie Bennett	Cameron Frost
Gabryel Cruz	Freya Blackler	Billy Smith	Alex Green	Ryan Hover
Hadyn Owen	Lily Chumbley	Fred Mills	Bradley Walker	Thomas Manktelow
Leo Romanis	Molly Edwards	Dylan Baker	Jack Trubshaw	Charlie Rogers
Zach Cosham	Rebekah Whitby	Bradley Ironside	Gabriel Private	George Bath
	Rosie Duggins	Harry Rogers		
	Ben Sykes	Louis Nicholls		
	Donny Mason			
	Ashlee Kovac			
	Freddie Roberts			
	Alex Clarke			
	Joe Westlake			

MEGAN AND CLAUDIA TO THE RESCUE!

At lunchtime on Thursday my friend, Claudia Correia, and I found a hedgehog barely alive from becoming tangled in the netting at school. We worked on carefully loosening the netting for ½ hour and managed to cut it away, and the RSPCA are coming to help the hedgehog, who we've named Buddy, recover. We were glad to be able to do what we thought was right.

Megan Whitfield



Buddy fast asleep

EXAM TIMETABLE

(may be subject to change, full timetables will be given to students in due course)

French/German/Spanish Speaking Tests	2 nd -10 th May	TBA
Portuguese Oral	10 th May	9.30am
Computer Science: Systems	13 th May	9.00am
Music: Unit 1: The Music Industry		9.00am
Religious Studies Paper 1	13 th May	1.10pm
French: Listening/Reading	14 th May	9.00am
Biology	14 th May	1.10pm
PE	15 th May	9.00am
Portuguese: Writing		
Developing Web Products		
English Literature	15 th May	1.10pm
Chemistry	16 th May	9.00am
Computer Science: Algorithms & Programming	16 th May	1.10pm
French: Writing	17 th May	9.00am
Drama: Written Paper	17 th May	1.10pm
PE		
Religious Studies Paper 2	20 th May	9.00am
Portuguese: Listening	20 th May	1.10pm
Maths (non-calculator)	21 st May	9.00am
Geography Paper 1	21 st May	1.10pm
Spanish: Listening/Reading	22 nd May	9.00am
Physics	22 nd May	1.10pm
English Literature	23 rd May	9.00am
Italian: Listening/Reading	24 th May	9.00am
History	3 rd June	9.00am
Italian: Writing	3 rd June	1.10pm
English Language Paper 1	4 th June	9.00am
Music: Component 3 Appraising	4 th June	1.10pm
Portuguese: Reading		
Spanish: Writing	5 th June	9.00am
Geography Paper 2	5 th June	1.10pm
Maths (calculator)	6 th June	9.00am
History	6 th June	1.10pm
English Language Paper 2	7 th June	9.00am
Biology	7 th June	1.10pm
Maths (calculator)	11 th June	9.00am
History Weimar & Nazi Germany	11 th June	1.10pm
Chemistry	12 th June	9.00am
German: Listening/Reading	12 th June	1.10pm
Polish: Listening/Reading		
Geography Paper 3	13 th June	9.00am
Dance Appreciation Component 2	13 th June	1.10pm
Statistics Paper 1		
Physics	14 th June	9.00am
Further Maths Paper 1	14 th June	1.10pm
German: Writing	17 th June	9.00am
Further Maths Paper 2	17 th June	1.10pm
Hospitality & Catering (Spec A) Unit 1	18 th June	9.00am
Statistics Paper 2		
Polish: Writing	19 th June	9.00am



RINCEOIRÍ
RÁTTÓN



A CELEBRATION OF
Irish Music and Dance
not to be missed



RATTON SCHOOL'S 9th ANNUAL

Irish Night

Sunday 9 June 2019

Matinee 2.30pm - Evening 7.30pm

Royal Hippodrome Eastbourne



We encourage riding to and from school to be physically active and also help reduce traffic, reduce our carbon footprint and promote physical activity.

We want our students and community to be safe and regularly speak to students about safety on wheels and would ask parents and carers to reinforce this and the safe, legal use of bikes, scooters and skateboards by encouraging their child to:

- wear a helmet and protective gear
- understand and follow the road rules
- give way to pedestrians
- understand their responsibility for safe storage at school.

Parents and carers are responsible for students' travel to and from school with the school taking over responsibility and duty of care for them once they enter the school premises.

Nicole Booker knows how to celebrate a birthday!

In between revising for her exams Nicole took part in The South Downs Dance Festival at Chailey over the bank holiday weekend and came 2nd in her age group for her Classical Ballet and was presented with the silver medal.

Congratulations Nicole and hope you had a very Happy Birthday!



PE DEPARTMENT

LUNCH & AFTER SCHOOL CLUBS



	Monday	Tuesday	Wednesday	Thursday	Friday
Late Lunch (1.40-2.10)	Table Tennis (JCY) Tennis (Courts) Year 7 Football (Field)	Girls Indoor Cricket (KFJ) Tennis (Courts) Year 8 Football (Field)	Year 10 Cricket (JBU) Tennis (Courts) Year 9 Football (Field)	Year 7 Cricket (JBU) Tennis (Courts) Year 10 Football (Field)	Table Tennis (KFJ) Tennis (Courts) Year 11 Football (Field)
After School (3.15-4.15)	Girls Cricket Academy Windsurfing & Sailing (Term 6 only)	Year 7 & 8 Cricket (JBU) Tennis Coaching (Jenny Hughes)	Athletics (KFJ / JBU) Tennis Academy (WBR / JCY)	Year 9 Cricket (GKI) Girls Cricket (JUP) Rounders (KFJ)	BTEC PE Intervention (JBU / KFJ)



Term 5 & 6

