

MARK YOUR CALENDAR!

Thursday 23rd August

GCSE Results Day

Monday 3rd September

Staff inset day

Tuesday 4th September

Y7 and Y11 students return
(photos taken today)

Wednesday 5th September

Students in all year groups return

This, the final newsletter of the year is an opportunity for us to share all the wonderful events that have happened in the last few weeks. These have ranged from an all-day Community Festival with a large number of local volunteer groups through to careers events, international trips, celebration assemblies and a very energetic Sports Day!

The Awards Evening last week was a celebration of the achievements of both students and staff. It was a pleasure to see so many students receiving awards and proud families looking on and enjoying their success. The guest speakers included Stephen Lloyd MP and ex-Ratton student Joe Townsend, Commonwealth Games gold medal winning athlete. Joe delivered a truly inspirational speech, describing the challenges of his journey from a severely injured Royal Marine to a gold medal winning athlete.

I would like to send our congratulations to pupils and staff at Ocklynge Junior School for their significant improvements in Year 6 SATS results. They have all worked incredibly hard this year and it is wonderful to see their efforts being rewarded with success. We are also looking forward to continuing to work closely with them for the benefit of all our children and staff as part of the South Downs Learning Trust.

I want to take the opportunity to wish you an enjoyable and relaxing summer and look forward to an even more rewarding and exciting new academic year.

Mr Knox-Macaulay, Executive Headteacher

Shanghai partner school visit

On Tuesday 10th July 10 students and a colleague from our partner school in Shanghai spent a morning at Ratton. They went on a tour of the school and taught some of our students calligraphy. After sampling lunch in Refresh they took part in a Y8 Maths lesson. It was lovely to be able to develop our link with our partner school and we have more plans for next academic year. These include an afterschool Mandarin Chinese club, curriculum links and plans for a trip to Shanghai and Beijing in the next couple of years.



CELEBRATING SUCCESS!

Many congratulations to our highest achieving students whose hard work and commitment we are proud to recognise.

| 29/6/18 to 12/7/18 | | | |
|---|--|--|---|
| Year 7 | Year 8 | Year 9 | Year 10 |
| Freya Blackler Daniel Bradshaw Hannah Brook Charlotte Anderson Jack Pearson | Billy Smith Jessica Long Georgia O'Connor Brooke Nicholls | Brooke Farmer Harvey Wolski Abbie Thomas Jess Cavaliere | Lily Dixon Madison Modestou Matthew Davies Levi Woolf Cameron Frost |

Wellbeing

A state of wellbeing is one where we feel healthy and at ease with ourselves, we are managing our daily lives well and feel optimistic for the future. There are a few strategies, actions and attitudes that can increase this sense of wellbeing. There are no magic wands for feeling good, but students and parents might like to try a wellbeing exercise and see if it works for them. I will share one or two new strategies every newsletter.

I have very much enjoyed writing the Words for Wellbeing this year. I have learned lots more strategies that I have shared and practiced in my own life. As we head into the Summer I wanted to remind you of the benefits and risks brought by the sun.

Sunshine raises levels of Vitamin D, giving us a boost of energy. Take advantage of this by arranging a game in the park, or a jog along the seafront.

The sunny day also actively lowers blood pressure and raises serotonin (the good mood chemical) so go for a sunny stroll up on the downs.

Of course, the downside is that sunburn is harmful and linked to skin cancer, so make sure that you are using a good sunscreen that is right for your skin. The Teenage Cancer Trust website has a really good chart to find out about your skin type.

So that's all my Words for Wellbeing this year! Thanks for reading, and many thanks to the readers who have got in touch to say that they have found the Words for Wellbeing useful.

I will be back in September with more exercises and tips. Have a wonderful summer.

Ms Bryden, AHT for Character Education

The Langham Hotel hosts MasterChef competition for Rotton students

On Thursday 5th July 8 lucky year 9 and 10 students took part in a MasterChef competition at the Langham Hotel. The students selected have shown a keen interest in food and cookery. Those in year 10 take the NCFE Vert Food and Cookery course. On arrival at the Hotel, Michael, Head Chef, put the 8 students into two teams of 4 and gave them a Health and Safety talk. They were all given White Chef jackets and aprons to wear. The teams were given a list of ingredients that they could use and had 30 minutes to plan a main course and a dessert. Teams were then given 2 hours to prepare and serve the food.

The judging panel were Simon Brown, Hotel Manager, Simon Cosham from St Wilfred's Hospice and Janine Peters, Careers Lead. All 3 judges were very impressed with the quality of the food and the presentation but 'Team Young Chef' pipped 'Team Ramsey' to the post and each student in the team won an afternoon tea for two voucher.

The students thoroughly enjoyed their experience of working in a professional kitchen although it was extremely hot and stressful at times. The teams worked extremely well together and demonstrated creativity, problem solving and working under pressure as well as learning a variety of cooking skills whilst competing. Afterwards all were rewarded with a delicious 2 course lunch at the hotel.

Mrs Chalk and Mrs Peters were both incredibly proud of their efforts and professionalism.



Awards Evening 2018



On Thursday 12th July staff, governors, students and special guests all congregated at The Kings Centre for our Annual Awards Evening.

The evening began with a moving musical number sung by one of our Year 11 students. This was then followed by welcome addresses from Mr Lindsey - Chair of Trustees, Stephen Lloyd - MP, and Mr Knox-Macaulay—Executive Headteacher.

The main body of the evening consisted of the presentation of subject awards for years 7-10 which were presented to the students by Joe Townsend; past Ratton School pupil, former Royal Marine and gold medal winner in this year's para-triathlon Commonwealth Games. Joe then gave an inspirational and motivational speech about his life and his achievements which moved the audience

and encouraged a standing ovation for the first time at an Awards Evening! His message of setting small goals, not knowing what you can do till you try and never giving up was both humbling and awesome.

The evening ended with awards to recognise staff and their efforts over the year and a final thank you to distinguished guests on behalf of the students.

Yet another successful Awards Evening recognising the amazing efforts that our students put in every day to embody our school virtues.



Year 9 Bowlathon

On Tuesday 26th June, a group of Year 9 students participated in a 'bowlathon' at the local Tenpin Centre. During their additional English lessons, students have been learning about charities. The group chose to fundraise for St Wilfrid's Hospice (a local charity that supports end of life care for people with terminal illnesses).

One student wrote "I really enjoyed walking in the sunshine, eating together and the sense of competition". Aaron Burrows achieved the highest score with 134 and Billy Brooks got the fastest recorded bowl speed of 18.9mph.

So far, £70 has been raised for St Wilfrid's Hospice. We are hoping to deliver the final cheque at the end of term.



Mrs Veale, English Teacher

Young Chef of the Year

Rose Norris and Jazzie Douglas recently competed against other schools in the Young Chef of the Year competition. As part of this process, they got to go to The View Hotel and practice making their dishes with some advice from a professional chef. Although they didn't win they were awarded with a cookery book and a gift voucher for competing. Well done girls!



Community Arts Festival

July 7th not only saw the England football team reach new heights, but the 3rd Ratton Community Arts Festival. On a sweltering day over 250 students from Ratton and Ocklynge schools both performed and raised money for good causes in a well-attended event.

As always we are indebted to our local community. Without their support the event would not have happened. Special thanks are extended to Rotary AM, Wyntercon, Albion in the Community and Drusillas. In addition, we would like to thank the irrepressible Helen Ward-Jackson for her Adele tribute performance.

As a result of our good links with Wyntercon, the charity will be giving a 15% discount to Ratton students attending this year's WYNTERCON event when using the Code: RATTON.



Following Jim Hennock's successful fund raising efforts last year, he has once again raised a sum of money (£53) for both Raystede and the School by completing a further sponsored silence recently.

Well done and thank you Jim!



Year 8 Careers Day

On Friday 13th July, our Year 8 students took part in a Careers Day.

The first session, University Workshops, was run by 7 University of Sussex Ambassadors and involved our Year 8 students working in groups with each of the Ambassadors.

The students learned about aspects of the degree course that each Ambassador was studying at University and discussions took place around environmental issues, budgeting, phobias, the human brain and the healthcare service.

The students then went to their next session, Careers of the Future. During this session, they looked at job sectors ranging from healthcare to tourism and construction to agriculture. They discussed how the world of work is changing and what jobs or careers will there be in 10 years' time.

They were then set the task of designing a career of the future and presented their ideas to their fellow students. There were many interesting ideas including a rocket hotel, a robot doctor, a CO2 reduction officer and aerospace farming!

The students thoroughly enjoyed their Careers Day and went away with lots of new knowledge about University and Careers.

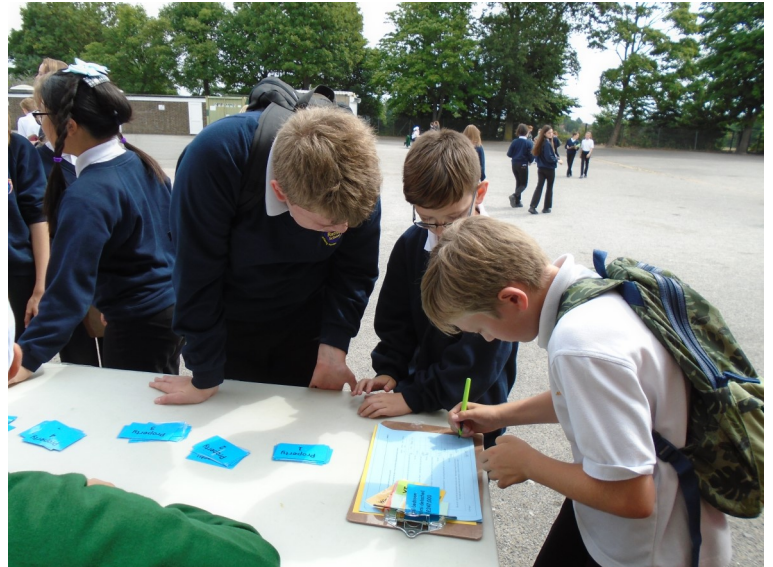
Year 7 Careers Day

On Thursday 12th July Our Year 7 students took part in an event called the Game of Life.

This fun and educational event, which is part of Ratton's extensive careers programme took place in the school playground. With help from our Year 10 Student Leaders, the Year 7s, who were in small groups, initially chose a career path: either straight into work or the university route. They then worked their way through 'Life', which included buying a house, going on holiday, buying a first car, getting married and having a baby! The students learned examples of how much all these things would cost to buy according to the type of house/car/holiday and what a job promotion would mean in

terms of a salary increase. At the end of the game, they totalled their 'money in' and 'money out' to find out whether they had made a profit or loss! The students really enjoyed this event especially at the 'chance' table where there were cries of 'I've won the lottery!'!

The event got the students thinking about the advantages and disadvantages of leaving school and going straight into a job compared to the advantages and disadvantages of going to university and studying for a degree. Thanks to all involved in making this event a successful one.



Breaking records and having fun!

Monday 9th July saw our most successful Sports Day to date which embraced both the virtues of Ratton School along with the values of a competitive and enjoyable sporting experience for our students. From the 1500m to the triple jump, Ratton School students ensured that our community spirit was present throughout the day in a wide range of events.

A massive thank you on behalf of the PE Department to members of staff who donned their trainers to support my team, allowing our pupils to make the most of this fun and engaging experience.

30 responsible 'Community Sports Leaders' ensured that their peers participated in events and scored points not only in their performance, but also in participation. Without pupils playing these important roles, the day would have not been such a success, as they stepped up to the plate to not only compete themselves, but to organise their teams and fulfil all of their communities' events.

An amazing 11 new school records were made, some of which had been held for the previous 8 years. The following pupils have either thrown, ran or jumped further than any other Ratton student... something to be very proud of!

BOYS

Year 8

Reuben Hewitt-Bloom - 100m

Joseph Lee - High Jump

Year 9

Alex Green – 1500m

Will Bates – Shot Put

GIRLS

Year 7

Lola Brophy – 100m

Harper Winslett – 300m

Maddie Bartlett – 800m

Year 8

Ella Harris – 800m

Sophie Drakeley – Shot

Bronwyn Opie – Triple Jump

Year 9

Janey Hooper—Girls Discus

FIRST PLACE APOLLO 1956 points

SECOND PLACE ADELPHI 1919 points

THIRD PLACE LYRIC 1807 points

FOURTH PLACE GLOBE 1739 points

FIFTH PLACE LYCEUM 1679 points





**FREE
FAMILY
FUN DAY**

WILD CHALK

EAST BRIGHTON PARK

Sunday 22 July 11am–5pm

A BRAND NEW EVENT CELEBRATING THE WILDLIFE, HISTORY AND AMAZING WATER FILTERING PROPERTIES OF OUR CHALK DOWNLAND.

- Giant wildlife colouring wall
- Sheep to meet and stroke
- Virtual reality booth
- Birds of prey demonstrations
- Storytelling beside a shepherds hut
- Minibeast hunting and wildlife spotting
- A countryside dog challenge
- Many other family activities and stalls
- Hot/cold drinks and snacks

southdowns.gov.uk/wildchalk



**SOUTH DOWNS
NATIONAL PARK**

East Brighton Park,
Satnav: BN2 5TS. Next
to Sheepcote Valley.
Step-free access
suitable for buggies
and wheelchairs.

This is a free
community event
supported by Southern
Water and run by the
South Downs National
Park Authority and
Brighton and Hove
City Council.

Dogs welcome, but on
leads please as there
will be sheep on site.